



# 24th PANDDA Conference

Wednesday 16 & Thursday 17 October 2013  
The Novotel Hotel, Parramatta NSW 2150

Partnerships & Possibilities –  
Nursing Practice in Disability.  
Models for Health & Social Equity.

“If opportunity doesn’t knock, build a door” Milton Berle



# 24th PANDDA Conference & AGM

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## Acknowledgements

WITH ACKNOWLEDGEMENT TO

### Choir

Combined Chertsey Primary School Singing & Signing Choir

### Welcome to Country

Uncle Greg Simms

### Nursing Portfolio: A PANDDA Template

Janice Jankovic, PANDDA Committee

### CONFERENCE COMMITTEE

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Bob Weaver

#### Conference Co-Convenor

Damian Heron

#### Technical Program Convenor

Sue Easton

#### Technical Program Committee

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## Wednesday 16 & Thursday 17 October 2013

### President's Welcome Message

Welcome to the Professional Association of Nurses in Developmental Disability Australia (PANDDA) 2013 Conference. PANDDA conference committee members have demonstrated enthusiasm and commitment in facilitating this wonderful event.

The program topics expand each year, as we hear from our Clinical Nurse Consultants' from around NSW, along with professionals who work in partnership with nurses ensuring that the often complex physical and mental health needs of people with intellectual disabilities and their families are addressed. Finally we look forward to an update on the National Disability Insurance Scheme and what that means for nurses in this area.

Thank you all for your attendance, I look forward to meeting with you and sharing ideas while we think about how we can make a difference in our part of the world. We know already that nurses in this area are either opening or building doors for people with intellectual disabilities or empowering people to open their own doors. Let us continue this work and continue to promote partnerships that enable enhanced health outcomes and a life of opportunities for all concerned.

Linda Goddard  
PANDDA President

### Convenor's Welcome Message

Dear Colleagues

We are delighted to welcome you to Sydney and Parramatta for the 24th Annual PANDDA Conference.

The welcome mat is out, as we open the door to this year's Conference Program that offers a diverse range of topics that will both stimulate and challenge you about our nursing practice. From the keynote addresses (including our first international speaker from New Zealand), to the invited speakers and program speakers representing many states of Australia, there is something for everyone.

Networking is important to our annual conference, be it formal like participating in an inspirational presentation or informal like the dinner dance, you will find many opportunities to meet with current colleagues or friends from the past or make new connections with people that share a common passion.

We look forward to meeting you all.

Bob Weaver and Damian Heron  
Co-Convenors on behalf of  
the Conference Committee



# 24th PANDDA Conference & AGM

Wednesday 16 & Thursday 17 October 2013

## Day 1. Wednesday 16 October 2013

09.00 Lennox Room	<b>Opening Day 1</b> Chair: Sue Easton, Convenor Technical Program <b>Welcome to Country</b> Uncle Greg Simms <b>Welcome</b> Dr Linda Goddard, PANDDA President; Bob Weaver and Damian Heron, Conference Convenors		
09.15–09.45 Lennox Room	<b>Official Opening:</b> <b>The Hon Amanda Rishworth MP</b>		
09.45–10.40 Lennox Room	<b>Keynote Speaker: The intellectual disability nursing role in an acute inpatient setting... Building that door!</b> Dina Whatnell, Clinical Nurse Specialist, Lead Development Disability Restraint Coordinator, MidCentral Health, Palmerston North, New Zealand		
10.40–11.10 Lennox Room	<b>Invited speaker: Partnerships and Possibilities: Can open many doors</b> Karen Alexanderson, Practice Leader Nursing and Health Care, NSW Family and Community Services, ADHC		
11.10–11.40	MORNING TEA and VISITS TO TRADE DISPLAYS		
11.45–12.15 Lennox Room	<b>CHOIR Combined Chertsey Primary School Singing and Signing Choir</b> The Choir today are representative of the schools successful integration programs Chair: Janice Jankovic, PANDDA Conference Committee		
12.25–13.05	<b>CONCURRENT SESSION A</b> Madison Room 1 Chair: Dr Penny Kearney <b>Paving the Way with Paeds with Needs: Improving access to local health district services for children with intellectual disability</b> Gail Tomsic, Clinical Nurse Consultant, Specialist Disability Health Team Emily Tucker, Grade 4 Speech Pathologist, ADHC	<b>CONCURRENT SESSION B</b> Jarrah Room Chair: John Ryan <b>Passionate about partnerships – therapy, psychology, nursing and medical: Optimising partnerships to provide quality care to clients with PKU in their later life</b> Ms Wendy Dear, Dietitian, Hunter Residences, ADHC Ms Trish Stedman, Clinical Nurse Consultant, Health and Wellbeing, Hunter Residences Ms Robyn Scott, Psychologist, Hunter Residences ADHC (Clinical) Dr Michel Tchan, Staff Specialist, Genetic Medicine, Westmead Hospital	<b>CONCURRENT SESSION C (Part A)</b> Linden Room Chair: Maree McCulloch <b>When opportunity knocks, consider the back door: A presentation on gastrointestinal conditions and bowel health for people with an intellectual disability</b> Susan Makepeace, Clinical Nurse Consultant
13.05–14.05	LUNCH and VISITS TO TRADE DISPLAYS		
14.05–14.10	<b>News update</b>		
14.10–14.55 Lennox Room	<b>Invited Speaker: The Role of Health Professionals in the National Disability Insurance Scheme</b> Margaret Reynolds, Member of the National Disability and Carer Council, Tasmania Chair: Damian Heron, Conference Co-Convenor		
15.00–15.40	<b>CONCURRENT SESSION D</b> Madison Room 1 Chair: Dr Penny Kearney <b>Ready to Rock N Roll: A case study of rehabilitation in the community after a major health crisis</b> Gaynor Edgecombe, Clinical Practice Consultant, Disabilities Specialist Team, Royal District Nursing Service, South Australia	<b>CONCURRENT SESSION E</b> Jarrah Room (30 places only) Chair: John Ryan <b>AHPRA Nursing Portfolio: A PANDDA Template</b> Janice Jankovic, PANDDA Committee	<b>CONCURRENT SESSION F (Part B)</b> Linden Room Chair: Maree McCulloch <b>When opportunity knocks, consider the back door: A presentation on gastrointestinal conditions and bowel health for people with an intellectual disability</b> Susan Makepeace, Clinical Nurse Consultant
15.40–16.05	AFTERNOON TEA and VISITS TO TRADE DISPLAYS		
16.05–16.45 Lennox Room	<b>Epilepsy Action Australia provides tailored epilepsy education cost-effectively via the internet, complementing and expanding existing education services and drawing on Epilepsy Action Australia's rich base of expertise in the area</b> Carol Welsh, Epilepsy Action Chair: Damian Heron, Conference Co-Convenor		
16.45–17.00	<b>Day 1 close, followed by Welcome Drinks.</b> Hosts: Bob Weaver and Damian Heron, Conference Convenors		
18.30	<b>Dinner Dance: PANDDA!</b> Dinner Hosts: PANDDA Committee (Tickets \$50.00)		



# 24th PANDDA Conference & AGM

Wednesday 16 & Thursday 17 October 2013

## Day 2. Thursday 17 October 2013

09.00 Lennox Room	<b>Opening Day 2</b> Sue Easton, Convenor Technical Program <b>Welcome</b> Dr Linda Goddard, PANDDA President, Bob Weaver, Conference Convenor and Damian Heron, Conference Co-Convenor		
09.15–10.15 Lennox Room	<b>Invited Speaker: Disability Care – The National Disability Insurance Scheme launch in the Hunter: The story so far</b> Jodie Calvert, NSW Launch site, Director Engagement and Funding, National Disability Launch Agency		
10.15–10.45	MORNING TEA and VISITS TO TRADE DISPLAYS		
10.50–11.30	<b>CONCURRENT SESSION G</b> Madison Room 1 Chair: Damian Heron  <b>Northern Intellectual Disability Health: A partnership model of a specialised health service or people with intellectual disability</b>  Natalie Duckworth, Clinical Nurse consultant, Northern Intellectual Disability Health, NSW	<b>CONCURRENT SESSION H</b> Jarrah Room Chair: Janice Jankovic  <b>Reducing medication incidents: One organisation's challenge to improve medication safety</b>  Lilee Gourlie, Healthcare Planner Ruwyda Booley, Healthcare Coordinator, Northcott, NSW	<b>CONCURRENT SESSION I</b> Linden Room Chair: John Ryan  <b>Maximising health outcomes for people with disabilities: New models of care</b>  Lisa Craig, Manager Primary Care Liaison, Hunter Medicare Local Tom Van Dam, Primary Care Nurse, The Village Medical Practice, Summer Hill, NSW
11.35–12.30	<b>Annual General Meeting</b> Chair: Russell Jones, PANDDA Treasurer and John Ryan, PANDDA Vice President		
12.30–13.20	LUNCH and VISITS TO TRADE DISPLAYS		
13.20–14.10 Madison Room	<b>Keynote Speaker: Intellectual Disability Nursing: One world many doors</b> Dr Linda Goddard, PANDDA President Chair: Damian Heron, Conference Co-Convenor		
14.10–15.00 Lennox Room	<b>Invited Speaker: Disability nursing in South Australia – now and into the future</b> Helen Bowes, Nursing Director, Department for Families and Communities, South Australia Chair: Sue Easton, Convenor Technical Program		
15.00–15.20	AFTERNOON TEA and VISITS TO TRADE DISPLAYS		
15.30–16.10 Lennox Room	<b>Invited Speaker: Touching Base Inc – Supporting clients to access sex services</b> Saul Isbister, Sex worker activist and President of Touching Base Inc Chair: Linda Goddard, PANDDA President		
16.10–16.30 Lennox Room	<b>The Chris Atkins and Bob Weaver PANDDA Awards ... and the winners are ...</b> Chair: Alicia Rodgers, Award Convenor		
16.30	<b>24th PANDDA Conference Close</b> <b>Invitation to 25th PANDDA Conference, 15 and 16 October 2014</b>		



## PANDDA Conference – Celebrating 25 years

15 and 16 October 2014, Novotel Hotel Parramatta

**Come and Celebrate 25 years of PANDDA – nurses supporting people with an intellectual disability**

**pandda**  
Celebrating 25 years in 2014



## 24th PANDDA Conference & AGM

Wednesday 16 & Thursday 17 October 2013

### Keynote Speakers

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**Geraldine Whatnell**

**Clinical Nurse Specialist Developmental Disabilities**  
**MidCentral Health, Palmerston North, New Zealand**

Geraldine has worked in the field of intellectual disability for 30 years. She is currently the only senior specialist nurse in intellectual disability within New Zealand working in an acute inpatient setting. She is the Clinical Director of Health Promotion for Special Olympics New Zealand and a member of the New Zealand Downs Syndrome National Committee. In 2012 Geraldine developed a comprehensive health assessment tool for people with intellectual disabilities – *My Yearly Health Check* – and puts a considerable amount of effort into making hospitalisation and health care experiences positive and successful for members of the community with intellectual disability.

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**Linda Godard**

**PANDDA President**

Dr Linda Goddard is a Senior Clinician for an organisation that supports around 700 families of children with a range of intellectual, physical and psychiatric disabilities and sometimes a combination of all three. Linda is particularly interested in chronic and complex health care needs not only of people with disabilities but also their families and carers.

Linda is interested in networking with nurses who work in this area, recognising that we need to share ideas, clinical practice and research outcomes with our colleagues across Australia, New Zealand and also in other parts of the world.

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## 24th PANDDA Conference & AGM

Wednesday 16 & Thursday 17 October 2013

### Conference Speakers

#### **Karen Alexanderson**

Practice Leader, Nursing and Health Care, ADHC

Karen has over 24 years' experience in a wide variety of nursing roles and settings as well as senior nursing positions primarily in NSW. Her current role as the Practice Leader Nursing and Health Care allows her to work closely with NSW healthcare leaders, physicians and nurses across the state on strategies that positively impact service and quality outcomes, for people with intellectual and physical disabilities including nurse education.

#### **Ruwyda Booley**

Registered Nurse, Bachelor of Nursing

Healthcare Coordinator Accommodation Services, Northcott

Ruwyda, a Registered Nurse, has worked for Northcott for the past 5 years as the Healthcare Coordinator for accommodation services, providing support, assistance and education to staff and clients with healthcare planning and health promotion.

#### **Helen Bowes**

Nursing Director, Department for Families and Communities  
South Australia

Helen is currently the Nursing Director with Disability Services community nursing and clinic teams in South Australia and has a background in nurse management and community and disability nursing. She is harnessing skills and experience from a 35 year career to lead and develop systems and processes to build a clinical governance structure and processes and is passionate about clearly articulating the role and effectiveness of disability nursing.

#### **Jodie Calvert**

NSW Launch site, Director Engagement and Funding  
National Disability Launch Agency

Jodie has over 24 years in public service, with experience across all levels of service delivery: economic, infrastructure, environmental and especially in the human services areas of disability and community development. Jodie's role involves engaging with individuals, families and carers to ensure they have a good understanding of the NDIS, as well as drive awareness and participation of the community sector in the scheme's objectives.

#### **Lisa Craig**

Masters in Health Science

Manager Primary Care Liaison at Hunter Medicare Local

Lisa is a registered nurse with over 30 years experience in the disability sector. Lisa has worked in a variety of settings including large residential centres, group homes, Non-Government Organisations (NGOs) and general practice. Her experience has included working as a CNS, training manager and more recently as

a consultant in consumer health across the disability sector. In her current role as Primary Care Liaison Manager with Hunter Medicare Local Lisa leads a team that provides clinical and integration support to General Practice and Allied Health, with a focus on improving the patient journey and the overall health of local communities. Lisa has Masters Degree in Health Science and has a strong interest in maximising health outcomes for people with a disability.

#### **Tom Van Dam**

Registered Nurse

Primary Care Nurse The Village Medical Practice, Summer Hill

Tom is a Registered Nurse with over 30 years experience in the disability sector. Tom has worked in Residential, Community and Day Programme areas of government and non-government services in the Hunter and Inner West Sydney. Since leaving Ageing Disability and Homecare (ADHC) in 2008, he has been working in General Practice, more recently as Nurse Team Leader, coordinating the provision of health services for 26 facilities providing care for people with disabilities living in the Inner West suburbs of Sydney. He is also involved in the placement and induction of GP Registrars to the provision of medical services to people with disabilities.

#### **Wendy Dear**

BSc. (Physiology/Microbiology), PostGradDip Nut. & Diet., MBA  
Dietitian, Hunter Residences ADHC (Clinical)

Wendy's background is clinical dietetics/administration. She has experience in a coeliac disease specialised practice and developed an interest in nutrition, nutrition assessment and diet therapy for clients with intellectual/developmental disability. For the past 19 years Wendy has worked as a clinical dietitian in this field at Hunter Residences, Ageing, Disability and Home Care (ADHC) NSW. Phenylketonuria (PKU) diets for clients with intellectual disability have been introduced during this time.

#### **Natalie Duckworth**

Registered Nurse, Bachelor Nursing

Clinical Nurse Consultant Northern Intellectual Disability Health

Natalie has worked as a Registered Nurse with people with disabilities for fifteen years. She has worked in direct support, education and management roles primarily with Ageing, Disability and Home Care (ADHC). She joined Northern Intellectual Disability Health as Clinical Nurse Consultant in October 2012.

#### **Gaynor Edgecombe**

Registered Nurse, Bachelor of Nursing, GradDip Social Science  
Health Counselling, RDNS Clinical Practice Consultant, Disabilities  
Specialist Team, South Australia

Married with two children and a pet chook, Gaynor has been nursing for 35 years in various areas ranging from Acquired Brain Injury



## 24th PANDDA Conference & AGM Wednesday 16 & Thursday 17 October 2013

### Conference Speakers

Rehabilitation Nursing to Community Care. She spent twelve years in nursing education settings which later evolved into training for Health Support Workers supporting People living with Disabilities in the community. She has worked for nine years in current position as Clinical Practice Consultant – Disabilities Specialist Team Royal District Nursing Service (RDNS), South Australia.

#### **Lillee Gourlie**

**Registered Nurse, Bachelor of Nursing  
Healthcare Planner, Northcott**

Lillee, a Registered Nurse, has worked for Northcott for the past 5 years as the Healthcare Planner, developing healthcare policies and procedures, developing and implementing training packages, and providing healthcare support and advice to staff.

#### **Saul Isbister**

**Touching Base Inc, Supporting clients to access sex services  
and sex worker activist and President of Touching Base Inc**

Saul has over 20 years' experience as a sex worker in both New Zealand and Australia. He has a keen interest in professional development and, as a sex worker, has been specialising in seeing clients with a range of special needs. Based in Sydney, Saul is a founding member and currently President of Touching Base Inc and a co-editor of the Touching Base Policy and procedural guide for disability service providers supporting clients to access sex services (2010).

#### **Ms Susan Makepeace**

**Registered Nurse, Advanced Dip. Family Therapy, PG Dip.Ed.  
Clinical Nurse Consultant ADHC Western Region**

Susan is dedicated to improve the quality of life of others. She was the primary driver to establish an early childhood intervention service and manage it for five years. Susan has worked in hospital settings, community and school health, aged care and as Clinical Nurse Educator (CNC) training student nurses. She is currently employed as a Clinical Nurse Consultant (CNC) covering a large area of Western NSW.

#### **Margaret Reynolds**

**Member of the National Disability and Carer Council**

Margaret Reynolds has a background in education, public policy and human rights advocacy and is a former Federal Minister. As the State Manager for National Disability Services in Tasmania 2004–2012, Margaret worked across state government agencies to see the implementation of Tasmania's Disability Action plan, broad disability reform, budget transparency and advocacy for the National Disability Insurance Scheme. She is currently a member of the Flinders University Team conducting a three year evaluation of Disability Care launch sites and is also a member of the Australian Institute of Health and Welfare Ethics Advisory Council.

#### **Ms Trish Stedman**

**Bachelor of Nursing**

**Clinical Nurse Consultant, Health and Wellbeing Hunter Residences**

Trish has worked in the disability field for the past 19 years and in her current role as Clinical Nurse Consultant (CNC) for 8 years. Trish has developed working relationships with the staff of the general hospitals in Newcastle to improve the services the clients of Hunter Residences receive. She enjoys working closely with stakeholders to ensure the best outcome for the client and has an interest in palliative care and ageing.

#### **Mrs Robyn Scott**

**Bachelor of Arts with Honours in Psychology**

**Psychologist, Hunter Residences ADHC (Clinical)**

Robyn's background is working with people with an intellectual/developmental disability of all ages. She has worked in the community and in large residences. The last 7 years have been with Hunter Residences, ADHC NSW. Her particular interest is working with elderly people with an intellectual disability.

#### **Dr Michel Tchan**

**MBBS FRACP PhD BMedSc**

**Staff Specialist, Genetic Medicine, Westmead Hospital**

Dr Michael Tchan oversees the NSW wide service for adults with inborn errors of metabolism, with clinics at Westmead Hospital, Prince of Wales Hospital, and the Hunter Genetics service. He trained in adult internal medicine, followed by a three year fellowship in clinical genetics and genetic metabolic disorders.

#### **Gail Tomsic**

**MComm Nurs, B SCI (Nurs), Dip of Sci (Nurs) Grad Dip Paed**

**CNC Specialist Disability Health**

Gail is Registered Nurse who has 24 years nursing experience with qualifications in the following speciality areas, community paediatric nursing, hospital in the home, child and family health, paediatrics, lactation and infant feeding, and nursing management. Gail has practiced in a wide variety of settings including hospital paediatric units, parent craft residential unit, and in the community setting providing home nursing to both post-acute, acute and chronic children discharged from hospital to home. Gail has worked in senior nursing positions for the past 13 years as a Clinical Nurse Consultant (CNC) in a Grade 2 and 3 level and Nurse Unit Manager.

#### **Carol Welsh**

**RN, Ass.Dip Rehab Counselling, Cert IV TAA**

**Epilepsy Action Australia**





## 24th PANDDA Conference & AGM Wednesday 16 & Thursday 17 October 2013

### Abstracts

#### **Maximising health outcomes for people with disabilities: New models of care**

Lisa Craig, Manager Primary Care Liaison, Hunter Medicare Local  
and Tom Van Dam, Primary Care Nurse The Village Medical Practice,  
Summer Hill, NSW

In this session we will explore how to get the best out of primary care when accessing health services for people with disabilities, with a focus on General Practice.

The presentation will showcase some innovative ideas and examples of better access and improved health outcomes for people with disabilities living in residential or community care setting. The role of General Practice and other Primary Care providers will be outlined particularly in relation to health prevention and chronic disease management activities. The role of nurses with an interest and experience in providing health care to people with disabilities will also be highlighted as well as a brief overview of the utilisation of current MBS item numbers that promote best practice in the provision of health services and integrates effectively with the Individual Planning process to maximise health outcomes.

#### **Passionate about partnerships – therapy, psychology, nursing and medical: Optimising partnerships to provide quality care to clients with PKU in their later life**

Wendy Dear, Dietitian, Hunter Residences ADHC (Clinical); Trish Stedman, Clinical Nurse Consultant, Health and Wellbeing Hunter Residences; Robyn Scott, Psychologist Hunter Residences ADHC (Clinical); and Dr Michael Tchan, Staff Specialist, Genetic Medicine, Westmead Hospital

Adults with untreated Phenylketonuria (PKU)-Why treat now? This panel will provide insight into how partnering together as a health care team, can provide increased quality of life for clients with intellectual disabilities, even if a previous window of opportunity for treatment early in life has been missed. Partnerships within and between the health care team, the clients and their families are essential.

This panel is designed to explore the health issues, quality of life issues and reasons for later life introduction of a PKU diet. It will examine its implications for intervention given the client already has an intellectual disability.

This discussion will focus on the holistic facets of care and how the clients life can be improved when partnerships between members of the health team are themselves healthy. Each panel member will field a series of pre-prepared questions in their area of expertise to demonstrate this. At the end, there will be open opportunities for question time from the audience. There is still some contention in this area as research for commencing PKU diets in previously untreated adults with PKU is limited, due to well documented treatment for children who will not end up in this situation.

#### **Northern Intellectual Disability Health – A partnership model of a specialised health service for people with intellectual disability**

Natalie Duckworth, Clinical Nurse Consultant  
Northern Intellectual Disability Health, NSW

This presentation will discuss the aims, activities and preliminary outcomes of the work of Northern Intellectual Disability Health (NIDH). This is a pilot multidisciplinary health service for school aged children, adolescents and adults with intellectual disability and complex health needs in the North Sydney Local Health District (NSLHD).

NIDH arose from NSW Government's 'Service Framework to improve the Health Care of People with intellectual Disability', which recognises the need for a specialised approach to the health care of people with intellectual disability.

People with intellectual disability face many barriers in achieving optimal health. NIDH endeavours to diminish these barriers through providing a skilled, multidisciplinary, accessible and networked health service; through providing education and resources; and through developing partnerships with mainstream health services, schools, disability and other organisations and individuals who assist people with disabilities.

NIDH gathers input from primary stakeholders through an Advisory Committee consisting of family members, representatives of carers, ADHC, the Agency for Clinical Innovation, mental health, general practitioners and other mainstream health services.

In this presentation, the activities and outcomes of NIDH to date will be discussed. NIDH is accountable to its stakeholders, including NSLHD (its funder) and the methods used for internal and external evaluation will be presented.

#### **Ready to Rock N Roll: A case study of rehabilitation in the community after a major health crisis**

Gaynor Edgecombe, RDNS Clinical Practice Consultant, Disabilities Specialist Team, South Australia

'Ready to Rock N Roll' is a case study exploring the broad health-related impacts and rehabilitation outcomes for a person living with a disability (in this case Spina Bifida) who survived a health crisis and a protracted hospital stay.

Rehabilitation outcomes for many groups have been well documented however there is a scarcity of data relating to rehabilitation pathways and health outcomes for people living with complex disabilities and conditions.

The person described in this case study experienced health set-backs, barriers to care and much lifestyle turmoil on the lengthy road to recovery. The thoughts and feelings of the person were captured in a series of retrospective interviews which informed the study. The



## 24th PANDDA Conference & AGM Wednesday 16 & Thursday 17 October 2013

### Abstracts

process of looking back enabled the person to close a dark chapter and to move on with living; in the persons own words: "I really call the hospital 'the slammer' 'cause it's like jail. Depends on which staff are there and if they want to see you, they either help or they don't."

When asked about a moment which gave the person hope the following quote helps to summarize matters: "I knew I was getting back to my old self when I went to the Concert without trailing any oxygen tubes and I stayed awake!"

#### Content of presentation

1. Introduction and Case Study Background.
2. A Time of Crisis – Outlines a health emergency and lengthy ICU stay.
3. Developing a Quality pathway – Explores one person-centred approach to rehabilitation after discharge from the hospital.
4. A long way to the top. Discussing pitfalls in the Rehabilitation Process.
5. Reconnecting to Self – Personal success – Ready to Rock N Roll again.
6. Summary.

#### **Reducing medication incidents: One organisation's challenge to improve medication safety**

Lillie Gourlie- Healthcare Planner Northcott and Ruwya Booley Healthcare Coordinator Accommodation Services, Northcott

This presentation introduces Northcott's research and investigation concerning healthcare incidents that have been reported from July 2012 – July 2013, across all Northcott NSW and ACT services (including accommodation, respite and day programs).

Northcott introduced a new system for the collection of healthcare and safety incidents in July 2012. This highlighted the need for organisational reform in regards to medication administration and falls prevention.

A total of (227 YTD) healthcare incidents occurred over a twelve month period, comprising mainly medication incidents (76%) falls (15%), seizures (6%) and sharps injuries (3%).

This presentation will address the strategies implemented to reduce these incidences, particularly focusing on medication incidents. Strategies include: benchmarking with other organisations, medication safety training and information, safety posters – visual aids and prompts, establishment of a Healthcare Review and safety Committee, revision of policy and procedure, review of assessment and training processes, and the revision of medication competency assessments.

We will aim to show how these strategies, together with the support and assistance of staff, have created a safer environment for clients and a measurable improvement in medication incidents, hence improving the quality of care provision.

#### Content of presentation

1. Presentation of current healthcare incidents.
2. Analysis of data pre and post implementation.
3. Measuring tools for safety and risk assessments.
4. Benchmarking data.
5. Outline strategies of medication safety incidents.

#### **When opportunity knocks, consider the back door: A presentation on gastrointestinal conditions and bowel health for people with an intellectual disability**

Susan Makepeace, Clinical Nurse Consultant, Western Region, NSW

Faecal constipation/incontinence is an embarrassing and debilitating condition that significantly impacts on the quality of life of people of all ages and abilities. The management of such conditions has a large economic burden on all nations and has a long term environmental impact. The NSW Ombudsman Report lists incontinence and constipation as significant and contributing health issues for people that have died in disability services.

This presentation contains recent, researched, relevant and practical information that will assist in providing appropriate management, alleviation of suffering and discomfort and result in an improved quality of life. Topics that will be addressed include rectal pain, neurological and neuromuscular bowel conditions, irritable bowel syndrome (IBS), chrohn's disease, coeliac disease.

You will be taken on a journey of a long chain of events called the gastrointestinal system, discovering updated information that will stay in the recesses of your mind. Be amazed as we visit the jungle of microbes that live within us. Gain an understanding of the rumblings of abdominal sounds and clinical assessments, which provide valuable information. Thorough assessments assist in accurate diagnosis leading to improved management and support for the individual.

There will be an opportunity to learn through the valuable experience of colleagues' via group discussion to encourage and improve pathways to working together in partnerships.

"When opportunity knocks, consider the back door and get to the bottom of things, sooner rather than later".

#### **The Role of Health Professionals in the National Disability Insurance Scheme**

Margaret Reynolds, Tasmania, Member of the National Disability and Carer Council, Member of the Premiers NDIS Advisory Committee, Member of the NDIS Expert Panel on Quality Safeguards and Standards

This paper will provide an overview of Australian disability policy over the last twenty years, focussing on deinstitutionalisation and the experience in Tasmania of adopting a community based model of care.



## 24th PANDDA Conference & AGM Wednesday 16 & Thursday 17 October 2013

### Abstracts

The reform process will be examined in considering the readiness of the disability workforce to prepare for the introduction of the National Disability Insurance Scheme.

The paper will examine the implications for service providers who will be required to balance their duty of care responsibilities with client choice and control.

In particular the paper will examine key issues affecting health professionals working in the new national disability environment

#### **Paving the Way with Paeds with Needs: Improving access to local health district services for children with intellectual disability**

Gail Tomsic, CNC Specialist Disability Health

This presentation will highlight the development of local partnerships to assist with improving access and care of children and young people with intellectual disability (ID). This presentation will discuss the aims of the project and the process to be undertaken to meet project aims.

“Paving the Way for Paeds with Needs” is a research and quality improvement initiative by The Specialist Disability Health Team at Children’s Hospital at Westmead to improve service development in relation to children with ID within a healthcare setting. This involves partnerships with the Liverpool, Fairfield and Bankstown Paediatric Services, Sydney Children’s Hospital Network and Department of Ageing Disability and Home Care (ADHC).

It aims to develop resources and pathways to improve communication and care experiences of children with ID and challenging behaviours to access local health services. This will be achieved through:

- Developing a screener for healthcare staff to help them determine which children would particularly benefit from specific preparation support and interaction strategies when accessing health services and identify what supports may be appropriate.
- Developing and delivering a training and resource package for healthcare staff which includes preparative supports, comprehension tools, behavioural strategies and awareness of sensory processing issues.
- Developing a resource and referral package which includes preparative and interactive strategies for use by families during a healthcare encounter. This will also include individualised person centred profiles about the child’s skills and behaviours to inform healthcare staff interaction.

This will lead to further development of protocols and guidelines to aid the application of these tools.



## 24th PANDDA Conference & AGM Wednesday 16 & Thursday 17 October 2013

### Conference Awards

In the 1990s PANDDA decided to acknowledge Nurses who presented papers at the Annual Conference with two awards. The awards recognise the best overall presentation and the presentation with the most promise by a novice presenter.

The selection criteria stipulate that the winners of these two awards must be either a Registered or Enrolled Nurse and that the presentation must be of relevance to Developmental/Intellectual Disability Nursing. The winners of the two awards are determined by a select group of conference delegates.

In 2011, the PANDDA committee decided to name the awards in honour of two Nurses who have consistently demonstrated commitment, advocacy, leadership and compassion for people living with a disability, their families and to the Nurses who support them.

These two Nurses are Dr Chris Atkins and Mr Bob Weaver.

In 1984, Chris and Bob were members of a small working party to determine what knowledge, skills and attributes Nurses required on graduation from Nursing studies at Colleges of Advanced Education. It was through this project that the idea of a professional organisation for Nurses working in disability was first conceived. After a suitable gestational period, PANDDA was born. Chris and Bob were, of course, founding members.

#### Chris Atkins Award

The CHRIS ATKINS AWARD is to be awarded to the presentation voted as the best at the conference.

Chris Atkins has a younger brother with an intellectual disability and has worked in the area of Developmental/Intellectual Disability Nursing since 1969. During her career Chris's focus has been on the education of Nurses about the complex health care needs of people with disabilities. Chris has consistently advocated for the role of Nurses in the provision of health care to people with disabilities through various committees, conference presentations and publications.

With the assistance and commitment of many Nurse clinicians, Chris was awarded her PhD in 1999 for her research on Nurses' perceptions of quality of life for people with severe multiple impairments. As a clinician, Chris has been pivotal to the success of one service's devolution from an institutional setting to the community by developing a model of Nursing and health care planning that supports clients with complex and chronic health care needs, their families and the work of the Nurses who support them. Chris' services to PANDDA include the roles of President, Secretary and Technical Program Convenor for the annual conference. Chris believes that people with disabilities and their families have a right to a professional service from the best educated and creative Nurses who practise from an evidence base.

#### Bob Weaver Award

The BOB WEAVER AWARD is to be awarded to the presentation voted as the one with most promise by a novice presenter.

Bob Weaver has worked in the area of Developmental/Intellectual Disability Nursing since 1975 as a clinician, lecturer, leader and manager. He is known for his strong advocacy for people with disabilities through his work on the Guardianship Tribunal, the establishment of a disability recreation project in the Blue Mountains, the devolution of an accommodation service, membership of various committees, and action on behalf of individuals. He holds a Diploma of Administration (Nursing) and Graduate Certificate in Nursing (Disability). Bob is a Member of the NSW Council for Intellectual Disability and is a Foundation Fellow and Life member of the Australian College of Mental Health Nurses an organisation in which he held positions at both state and national levels through the late 1980s and 1990s and early 2000.

Bob has served as PANDDA President, Vice President, Executive member and Conference Convenor for 19 of the 23 Annual Conferences. It is in this latter role that Bob is known for his encouragement of Nurses to present their knowledge and experiences to others. Bob also convened the working party that developed PANDDA's Standards for Professional Practice. Bob represents PANDDA on both state and national committees and has, over the past 23 years, often been the sole voice on these committees advocating for the recognition of the role Nurses play in supporting people with developmental/intellectual disability. Bob remains passionate about the right of people with intellectual disabilities to live their lives to their fullest potential and the professional role that Nurses play in supporting them to achieve their goals.

# MEMBERSHIP

Join a nursing group that disseminates information and promotes communication between national and international organisations related to the field of developmental intellectual disability.

The Professional Association of Nurses in Developmental Disability Australia Inc. (PANDDA) represents the professional interests of nurses who support people who have an intellectual developmental disability.

Visit [www.pandda.net](http://www.pandda.net) for more information.

## Membership Benefits

- National networking and support for nurses working with people who have intellectual developmental disabilities
- A voice in many state and national bodies
- The PANDDA newsletter
- An annual PANDDA conference
- Collegial Support, networking and contribution to your profession
- A professional identity, recognition and autonomy
- Discount for PANDDA conference and educational programs
- Information at [www.pandda.net](http://www.pandda.net)



## Membership Application

ABN: 23-647-452-897

Post your completed application form with payment to:  
The Membership Secretary, PANDDA (Aust) Inc.  
PO Box 3633, Parramatta NSW 2124 Australia

### PERSONAL AND PROFESSIONAL DETAILS

SURNAME		FIRST NAME	
<input type="text"/>		<input type="text"/>	
POSTAL ADDRESS			
<input type="text"/>			
SUBURB/TOWN		STATE	POSTCODE
<input type="text"/>		<input type="text"/>	<input type="text"/>
COUNTRY		DATE OF BIRTH	
<input type="text"/>		<input type="text"/>	
HOME PHONE		EMAIL ADDRESS	
<input type="text"/>		<input type="text"/>	
WORK PHONE		MOBILE NUMBER	
<input type="text"/>		<input type="text"/>	
OCCUPATION			
<input type="text"/>			
EMPLOYER			
<input type="text"/>			
POSITION TITLE			
<input type="text"/>			

### ACADEMIC AND PROFESSIONAL QUALIFICATIONS

INSTITUTION	QUALIFICATION	YEAR AWARDED
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

### ANNUAL MEMBERSHIP FEES

#### Full Member (Registered & Enrolled Nurse)

Before 17 October 2013: \$77.00     From 17 October 2013: \$110.00

#### Associate Member (Student in Nursing)

Before 17 October 2013: \$50.00     From 17 October 2013: \$72.00

### PAYMENT OPTIONS

#### Direct Deposit

Account Name: Professional Association of Nurses in Developmental Disability Australia.

Pay to PANDDA, BSB Number: 012 370, ANZ Account Number: 938 560 797.

Reference & payment description must be entered as surname & first name.

#### Personal Cheque or Bank Cheque (Australian dollars ONLY)

Made payable to: Professional Association of Nurses in Developmental Disability Australia

#### Credit Card Payment (Visa or Mastercard)

Visa

Mastercard

Card Number: \_\_\_\_\_

Card Expiry Date: \_\_\_\_\_

CVC (last 3 digits back of card): \_\_\_\_\_

Card Holder's Name: \_\_\_\_\_

Total Amount: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

### DECLARATION

I hereby apply for membership of the Professional Association of Nurses in Developmental Disability Australia Inc. (PANDDA). If accepted as a member I agree to be bound by the rules of the association.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## PANDDA Objectives

To provide a professional association to represent, support and unite all nurses working in developmental disability areas.

To provide an environment which promotes the rights of people who have developmental intellectual disability and their families.

To provide consultancy and liaison with generic agencies.

To disseminate information and promote communication between national and international organisations related to the field of developmental intellectual disability and, in particular, nursing organisations.

To provide information and advice about career structures.

To promote the professional status of developmental disability nurses through:

- the development of standards and quality practice
- the advancement of nursing education in the area of intellectual developmental disability
- lobbying
- increased public awareness
- professional development activities.

# 25TH PANDDA CONFERENCE 2014

Wednesday 15 & Thursday 16 October 2014

The Novotel Hotel, Parramatta NSW 2150 Australia

## Celebrating 25 years

Come and celebrate 25 years of PANDDA – nurses supporting people with an intellectual disability.





**pandda**  
Professional Association of Nurses in  
Developmental Disability Australia Inc