



CDS

Centre for
Disability
Studies

Northern Intellectual Disability Health:

**A partnership model of a specialised health service
for people with intellectual disability**

Funded by Northern Sydney Local Health District

Outline

- Background
- The Team
- The Model
- Our Clients
- Building partnerships
- Hurdles
- Evaluation

Service Framework to Improve the Health Care of People with Intellectual Disability

July 2012





The Team



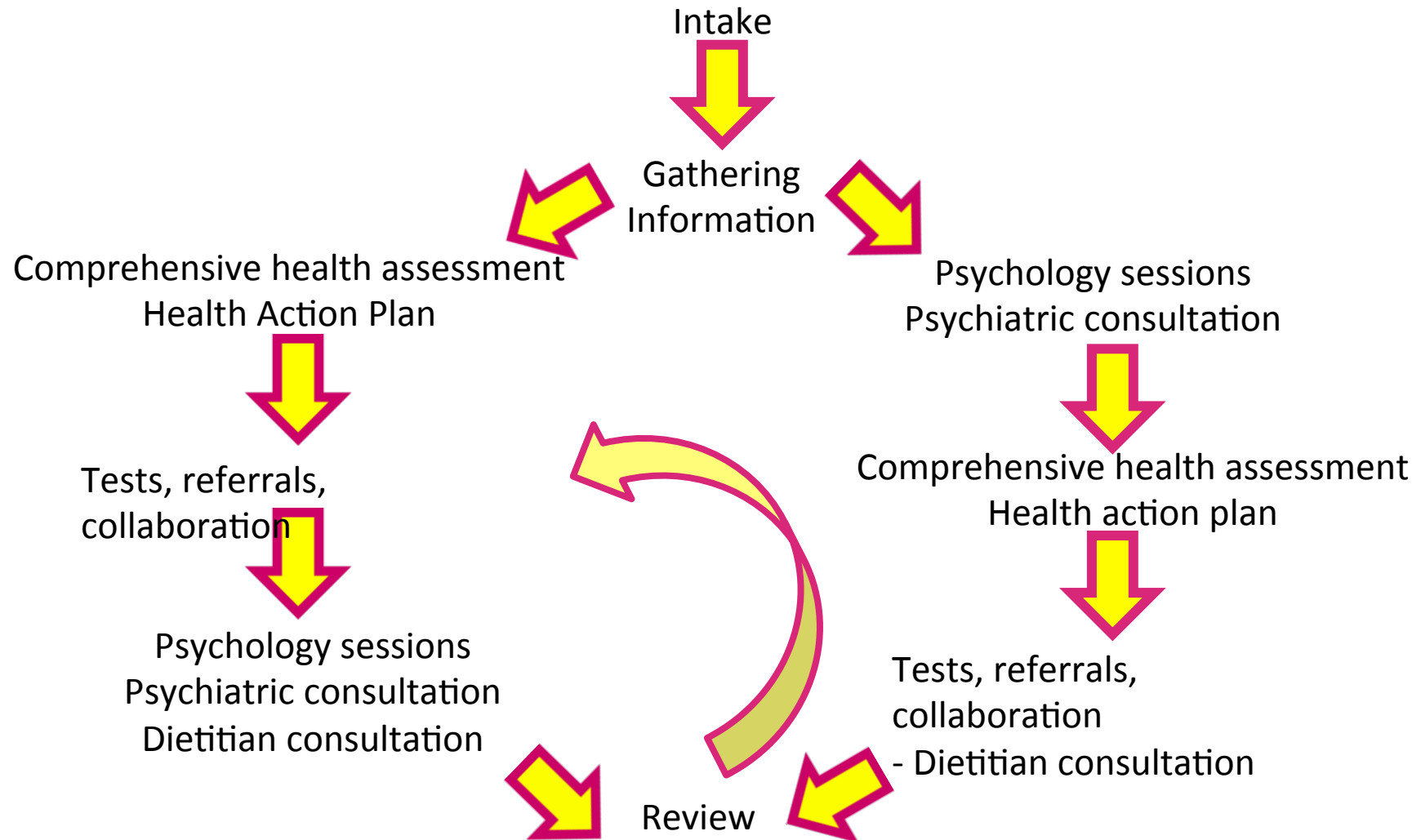
- Clinic Director
- Clinical Nurse Coordinator
- Clinic Coordinator
- Project Officer, Evaluation
- Developmental Paediatrician
- Paediatric Psychologist
- Psychologist
- Social Worker



Current clinic services across the week

Monday	Paediatric health assessments and reviews Paediatric psychology services Paediatric dietetic clinic (as required)
Tuesday	Adult health assessments and reviews Adult psychology services
Wednesday	Non direct client activities Adult dietetic services (as required)
Thursday	Non direct client activities
Friday	Closed Psychiatry services (future)

Clinic Model



Other ways we provide a service

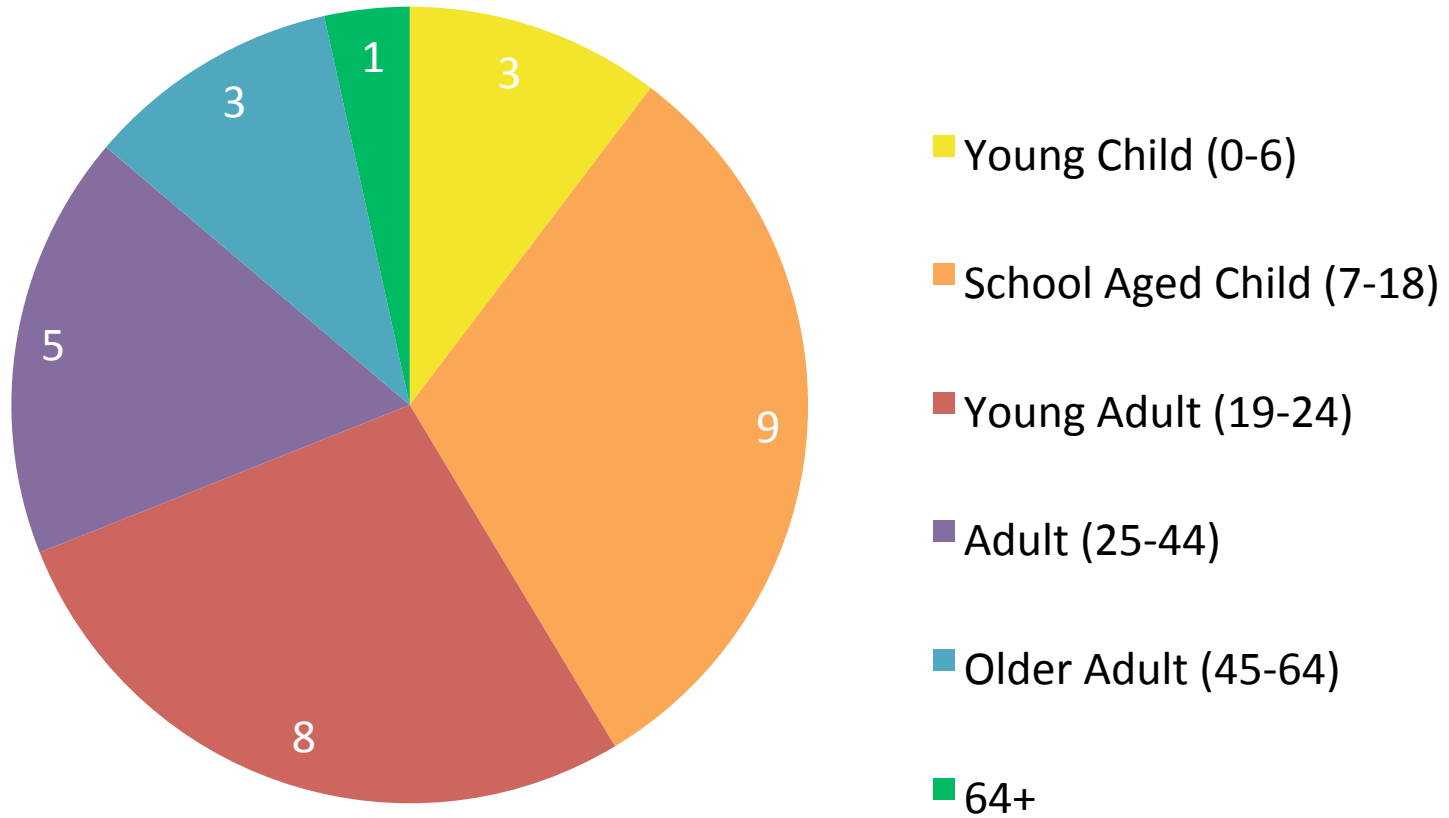
- School clinics
- Outreach
- Education
- Groups
- Resource Directory

Our clients

- School age children, adolescents and adults
- Live in the Northern Sydney Local Health District
- Intellectual disability and complex health issues
- 29 clients

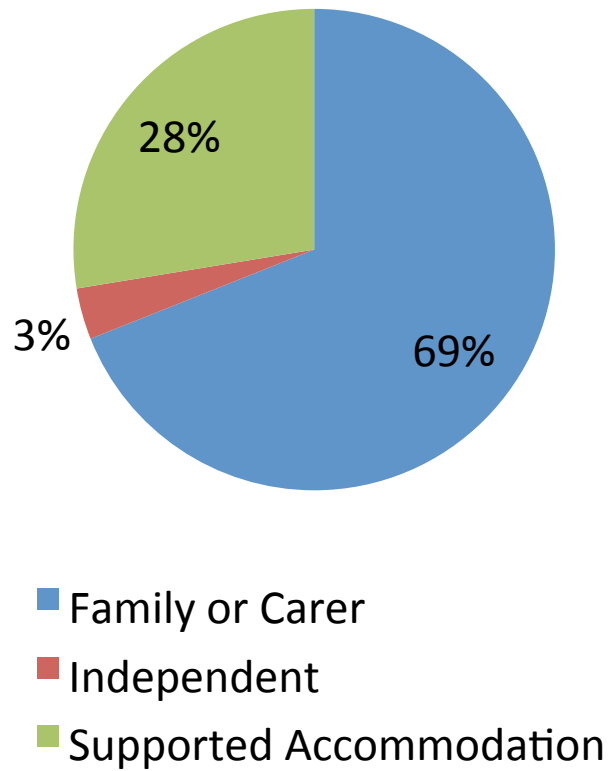


Age

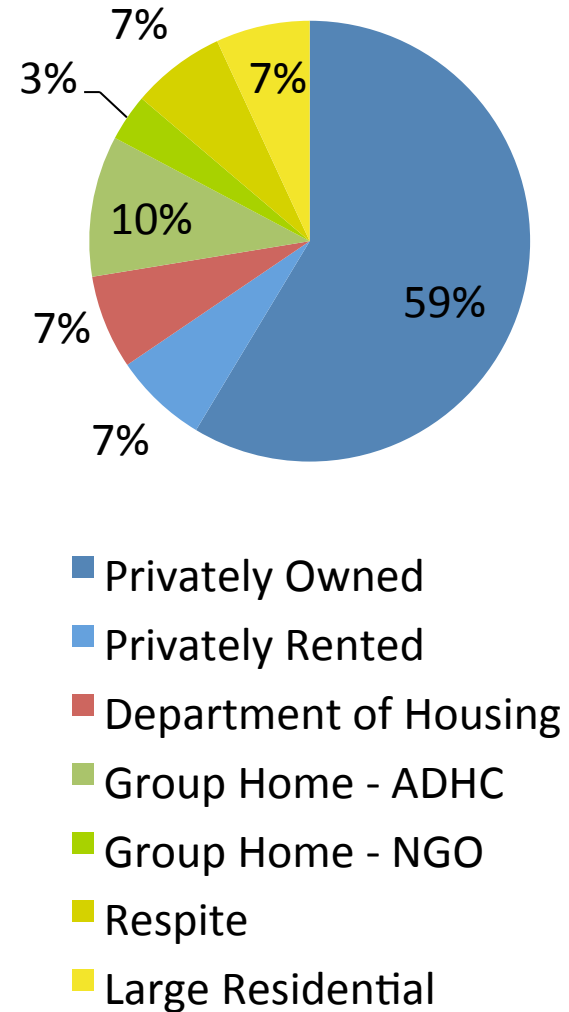


Living circumstances

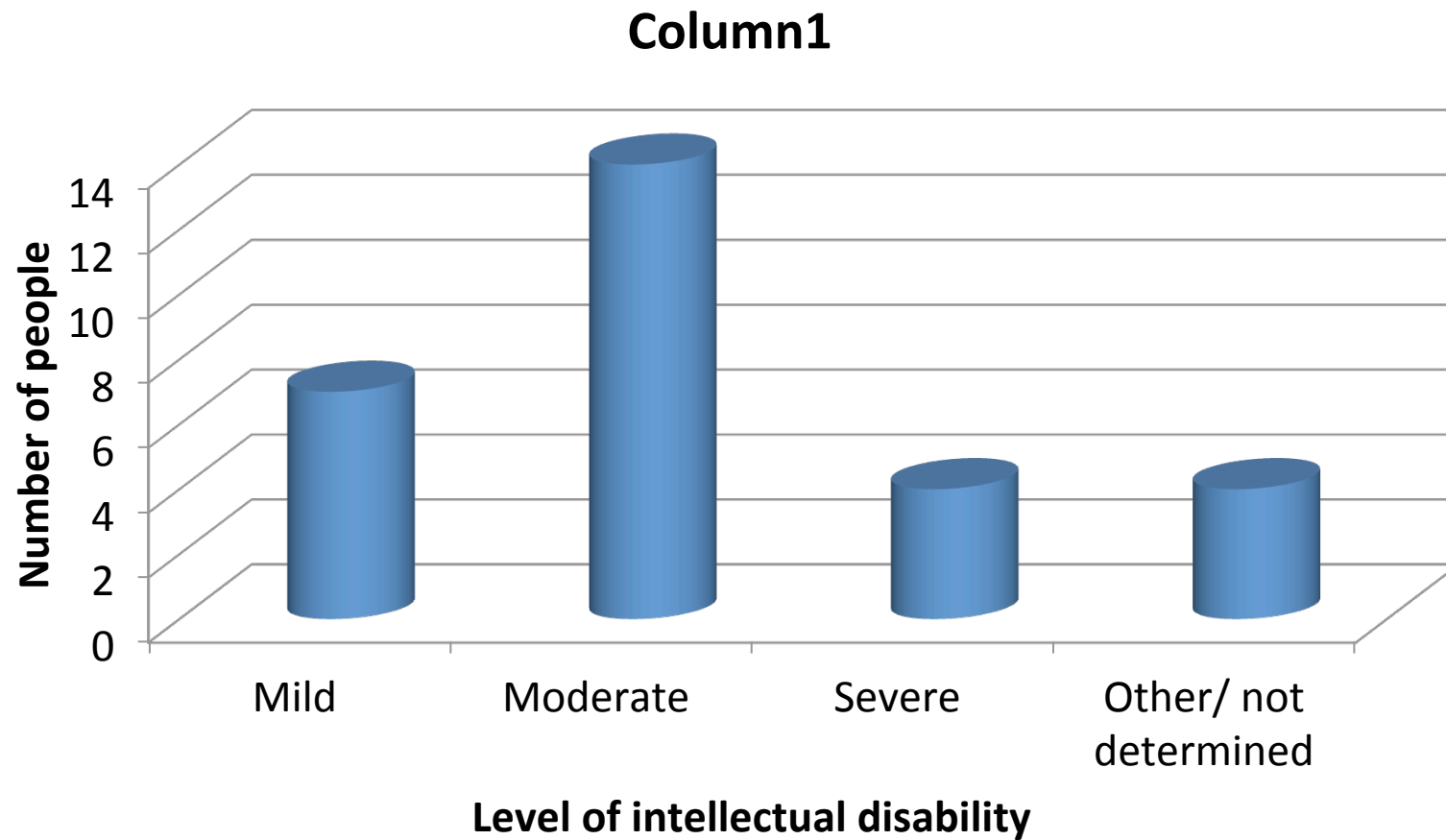
Lives with



Type of Residence

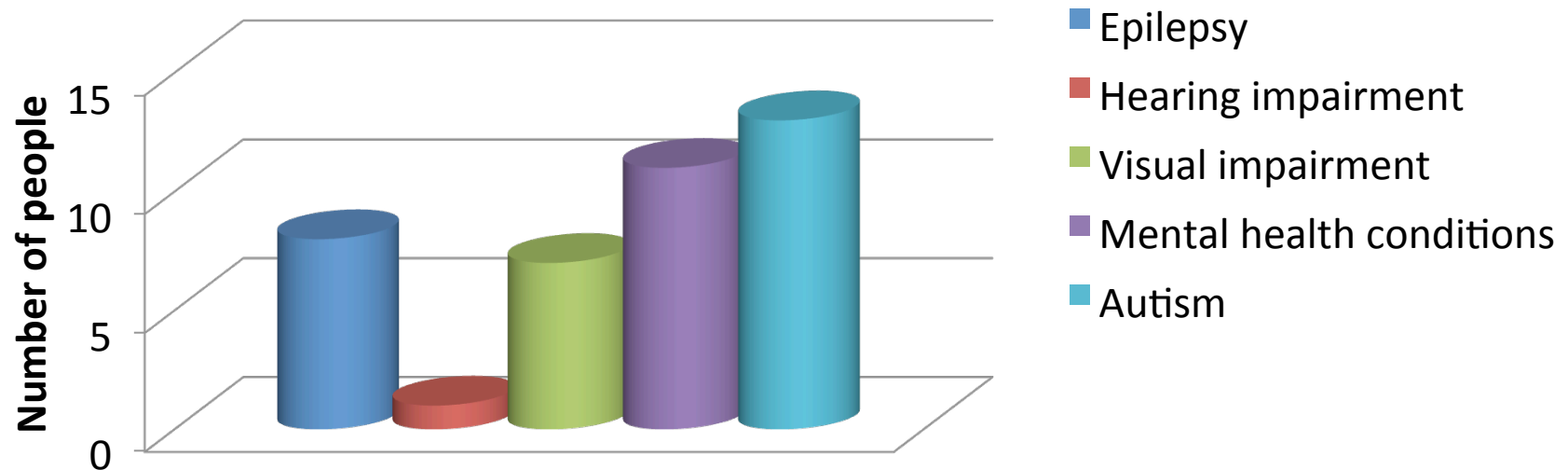


Level of intellectual disability



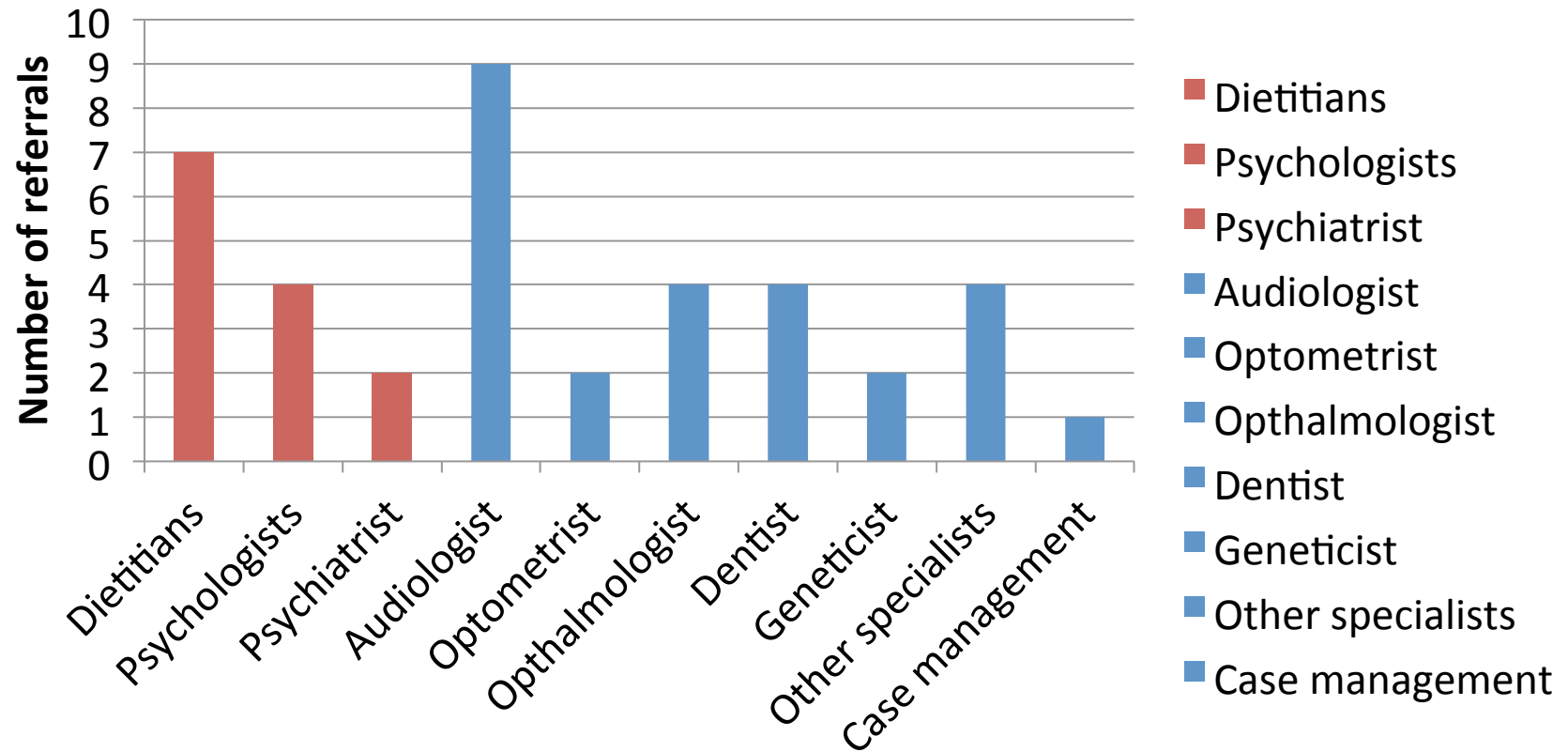
Associated Conditions

The number of clients with these conditions



Referrals

Series 1



Building Partnerships

- ID network of the Agency for Clinical Innovation
- MRID.net & SDHT
- Northern Sydney Local health District Dental
- Special Schools
 - Counsellors
 - Clinics
- Department of Rehabilitation Medicine (RNSH)
- Northern Clinical School
- Aging Disability and Home Care
- Non Government organisations
- Local pathology/ radiology services

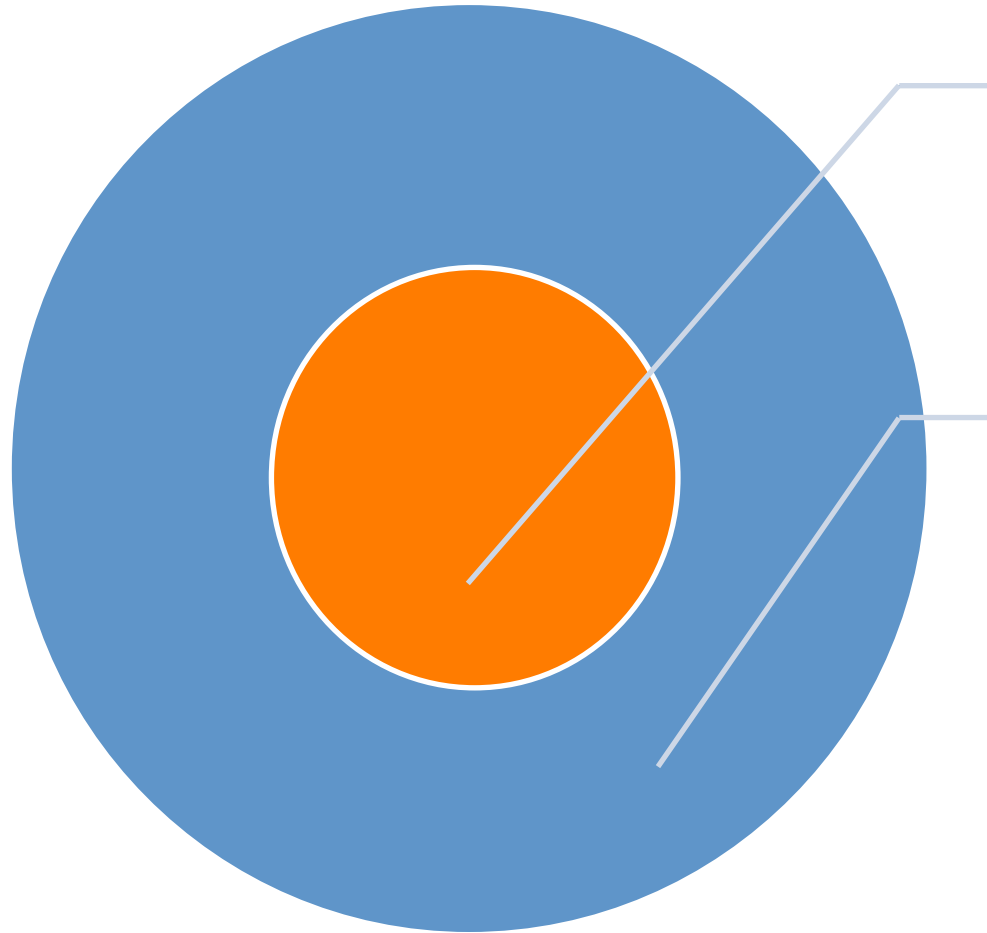
Future Partnerships

- Area mental health
- CAMHS
- Medicare Locals
 - Northern Sydney
 - North Shore and Beaches
 - Central coast
- Carers NSW
- Optician

Case Study - Anna

- Severe intellectual disability
- Rett syndrome
- Gastroesophageal Reflux Disorder with Barrett's oesophagus
- Fractured neck of left femur
- Osteoporosis
- Epilepsy
- Overweight
- Chronic constipation
- Sleep disorder

Evaluation



Internal:

- Qualitative (client opinion of service, ICAN)
- Quantitative (identification of gaps, new diagnoses)

External (KPMG)

- Quantitative (data about clients)
- Qualitative (interviews)

Hurdles

- Accessibility
- Health-NGO interface
- Resources
- Paediatric demand
- Intake process
- Developing working relationships

Northern Intellectual Disability Health

- Aim of Service:
 - To reduce health disparities for people with intellectual disability through:
 - Direct clinic services
 - Improve access to mainstream health services
 - Education, consultation and linkage to health, disability and education services
- Partnership model

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