



NSW Council for Intellectual Disability (NSW CID)

Medicare Locals and people with intellectual disability

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Where we come from

- Leadership by people with intellectual disability.
- A rights base.
- An intellectual disability is not an illness.
- But pwid have poor health and poor health care.
- 10 years of advocacy with AADDM, PANDDA etc



Our health advocacy

In NSW

- ✓ Health fact sheets www.nswcid.org.au
- ✓ Health service framework
- ✓ 3 new pilot teams
- ✓ ACI clinical network
- Implementation of the framework
- Statewide network of teams



And in Canberra.....

- ✓ Annual health assessments in Medicare
- ✓ Medicare Locals fact sheets
- Mental health
- eHealth

See the Advocacy – Health section of our website

www.nswcid.org.au



Medicare Locals should act on the health of people with intellectual disability

- One of their roles – Improve health care for people who are missing out.
- People with intellectual disability miss out.



So, DOHA funded NSW CID

3 fact sheets:

1. For Medicare Locals
2. For intellectual disability groups
3. Resources and references



What are Medicare Locals?

- Coordinators and improvers of primary health care
- Build on Divisions of GPs
- Run programs
- Educate and support professionals
- To have more flexible funding
- 61 around Australia, 20 in NSW



Be proactive with your Medicare Local

It has plenty of groups to think about!

- Contact the people running it.
- Have they looked at Fact Sheet 1?
- Tell them about local health problems.
- How could you work together?
- Organise a first meeting?



What the Medicare Local could do

- ✓ Make sure its programs focus on pwid
- ✓ Specific projects, eg annual health checks
- ✓ Education for professionals
- ✓ Include health of pwid in their planning and data
- ✓ Promote good practice.....



Promoting good practice

- ✓ Overcoming the communication barrier
- ✓ Equal health promotion
- ✓ Annual health assessments
- ✓ Consulting ID health specialists
- ✓ Coordination of complex health needs
- ✓ Caring for the carers



Inner West Sydney ML

Has a disability program

- Practice visits
- Information on disability services
- Special interest group
- Partnership with transitional care team
- Aged care facilities project



How you can work with the ML

- ✓ Joint projects
- ✓ Provide info for their service directories
- ✓ Be part of their consultation and governance



Where is CID headed on this?

2012 - 13 Release and promote the
fact sheets

2013 - 14 Find and promote the
successes

