

Possability

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Supplemented CPR for people with a disability

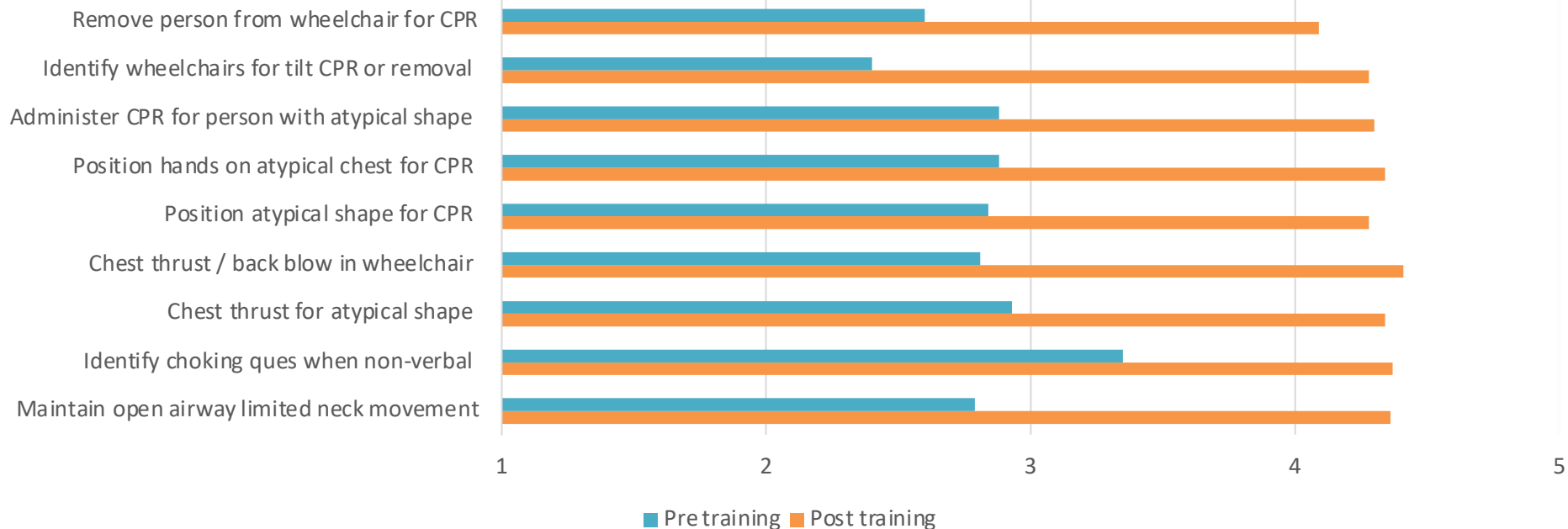
A review of recommendations
and a plan to achieve them.

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Background and recap

- Literature review
- Pilot project
- Project results

Mean Confidence Scores Pre and Post Training



Premature / preventable deaths

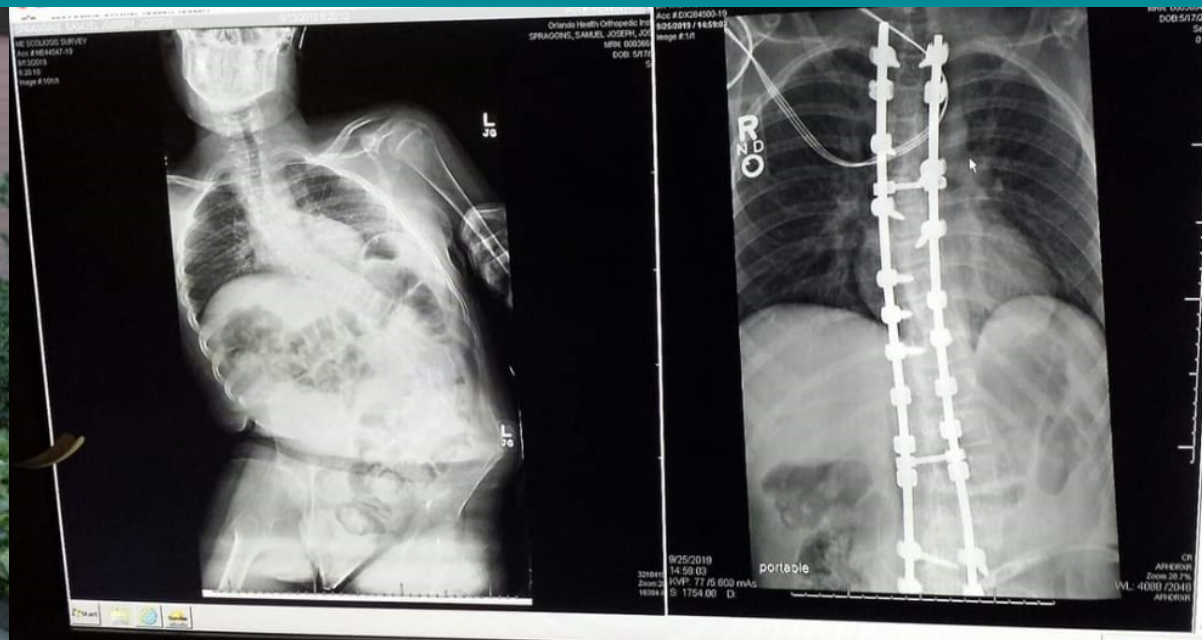
- Ombudsmen reports from NSW, and QLD spanning 2004-2017
- Trollor and Saloman reported on 901 deaths from 2007 -2018 in NSW, QLD and VIC
- People with disability = average lifespan 25 years less than the general population
- Choking is leading cause of premature or preventable death
- Improved CPR and first aid with improved ability to recognise and respond

Our reviews of **preventable deaths** highlight the need for concerted action to:



Expectations for carers

- Lack of guidance results in inequality
- Successful CPR rates are low
- Early access to CPR increase survivability
- Challenges faced by carers due to lack of guidelines



Recommendation 1

- Supplemented CPR and BLS classes for all formal carers
- Integrated into standard classes
- Or taught as standalone package
- Offered to informal unpaid carers



Recommendation 2

- Inclusion of choking recognition and management into annual CPR
- Supplementation of current guidelines
- Choking is the leading cause of preventable and unexpected death
- Increased frequency of training should lead to increased willingness to act



Recommendation 3

- Emergency management plans for people with disability
- Developed in conjunction with specialist nurses
- Similar to meal management plan, bowel care regime, behavior support plan
- Individual with details regarding hand placement, wheelchair management and CPR delivery
- Extension to the supplemented CPR classes



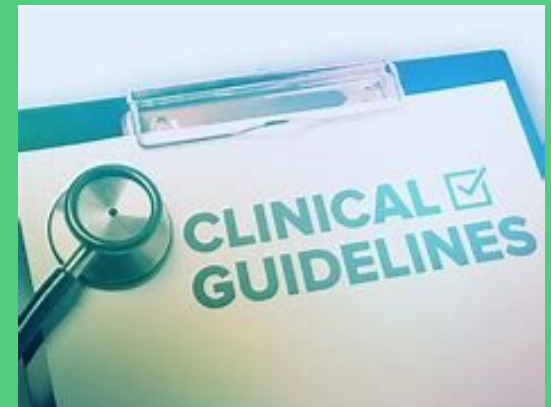
Recommendation 4

- Nurse involved training and development of emergency management plans
- Nurses with specialist disability knowledge
- Able to respond to questions with professional knowledge
- Regular review of care plan and ongoing oversight of complex participants



Progress and plans

- Over 60 years of CPR and BLS being taught to the public
- Significant advancements in survival in that time
- Time now to close the gap for people with disability
- Doing PhD now to test effectiveness of supplemental information
- Development of formal guidelines that inform all carers of people with disability



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Questions

